

For You: My Farewell Guide

A record of my funeral wishes to help
you shape the farewell you need.



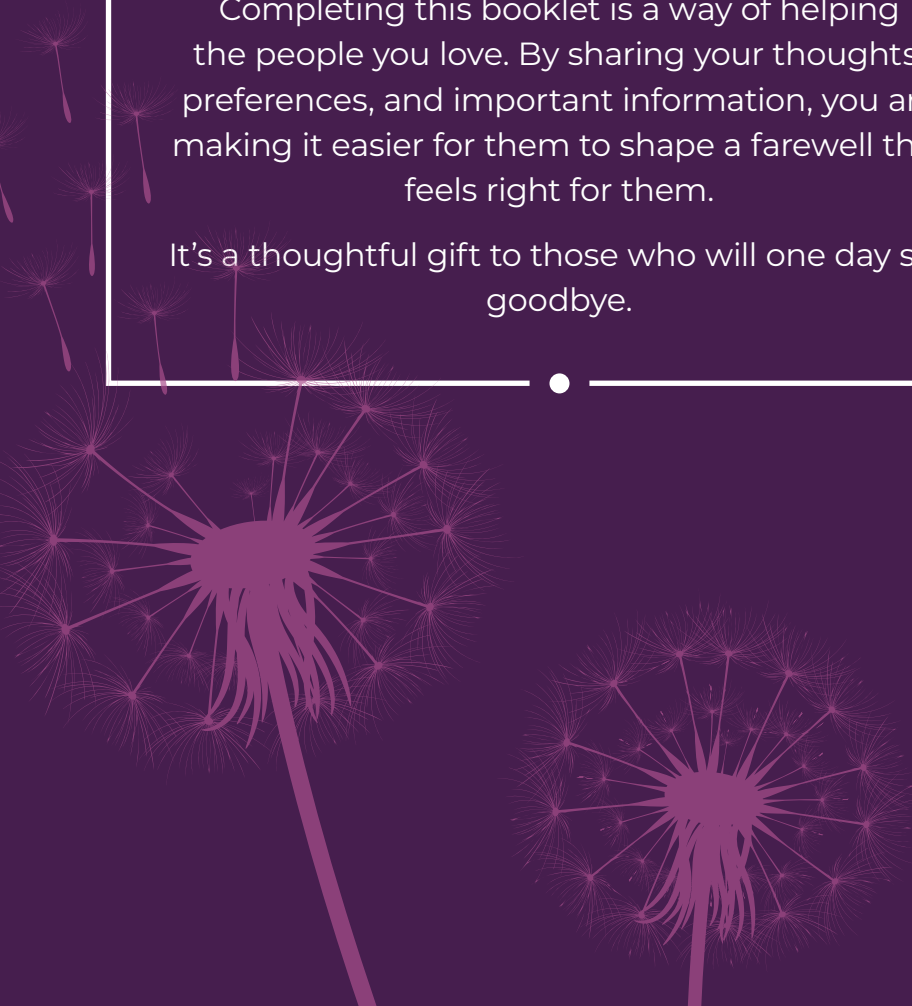
Funeral Directors
ASSOCIATION OF NZ

What do your loved ones need when you are gone?

When someone dies, those left behind are often faced with many decisions at a time when sadness makes it difficult to think clearly.

Completing this booklet is a way of helping the people you love. By sharing your thoughts, preferences, and important information, you are making it easier for them to shape a farewell that feels right for them.

It's a thoughtful gift to those who will one day say goodbye.



Dear

If you are reading this, it means the time has come to say goodbye.

I have written some notes here to help guide you when arranging my farewell. I hope these thoughts make things a little easier when decisions may feel overwhelming.

Please know that these are only my wishes and ideas. What matters most is that you create a farewell that feels right for you and helps you remember, honour, and celebrate my life.

If some of my suggestions do not feel right, please do what brings you comfort and support.

My farewell is ultimately for you - those I love.

With love,

Name:

Date:

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WHY PREPLAN?

The death of someone close can bring great sadness and often emotional turmoil and stress. Your loved ones have a lot to deal with and organise, and many decisions to make.

Helping your loved ones

Increasingly, people are planning their own farewells, mainly to lessen the responsibilities for the family.

Thinking about your own farewell is difficult for some people but, as funeral directors will tell you, it is not unusual for the grieving family to be unaware of the deceased's final wishes. Families want to do the best they can to honour your life, and it can be overwhelming to make all the necessary decisions at such a difficult time.

A meaningful farewell helps your family grieve

Being able to gather, remember and celebrate a person's life allows your loved ones to say goodbye in a meaningful way. Creating a funeral event allows them to begin the journey of saying goodbye.

The funeral service gives them a chance to share their feelings while being supported by family, friends, and others in the community who have known you. It is also an opportunity to celebrate your life, and to share memories: the good times, the funny moments, favourite music, unique contributions made, and to hear tributes and stories from people of all ages.

These elements combine to help your loved ones accept the new reality and be reassured of the support around them going forward.

Your farewell

While there is no right or wrong way to have a funeral, most of us have a view on what we like, but many of us have yet to express this to our family.

Planning elements of your own farewell provides the opportunity to make clear your personal preferences. Perhaps there are things you don't want at your farewell, or you may have strong feelings about burial and cremation or where you would like your final resting place to be.

Expressing these views will help your family know they are making the right decisions on your behalf.

We can assist

The Funeral Director who supplied this information will be pleased to help you plan your final farewell without any obligation. This can also ensure your wishes are on record.

The prepaying option

You may also wish to consider prepaying some money towards your final farewell. Like prearranging your funeral, this can help relieve your loved ones of emotional and financial pressures at a difficult time.

Funeral Directors Association firms offer a funeral prepayment service that allows you to set money aside, in trust, for your final farewell. If you would like to learn more about this option, speak with your funeral director. They can explain how it works and answer any questions you may have. There is no obligation.

This booklet

This booklet guides you through arrangements for your final farewell. By planning ahead, you are thoughtfully relieving your family of some of the decisions they will have to make.

What is the Funeral Directors Association?

When you lose someone you love,
choose someone you can trust.

Funeral Directors
ASSOCIATION OF NZ

The Funeral Directors Association of New Zealand represents funeral directing firms committed to providing professional, ethical, and compassionate care to families at one of life's most difficult times.

Not all funeral providers meet the same standards. Funeral Directors Association member firms choose to meet and maintain strict professional standards, including a Code of Ethics, best-practice guidelines, and regular inspections to ensure these standards are upheld.

Choosing a Funeral Directors Association member means choosing a funeral professional who is committed to:

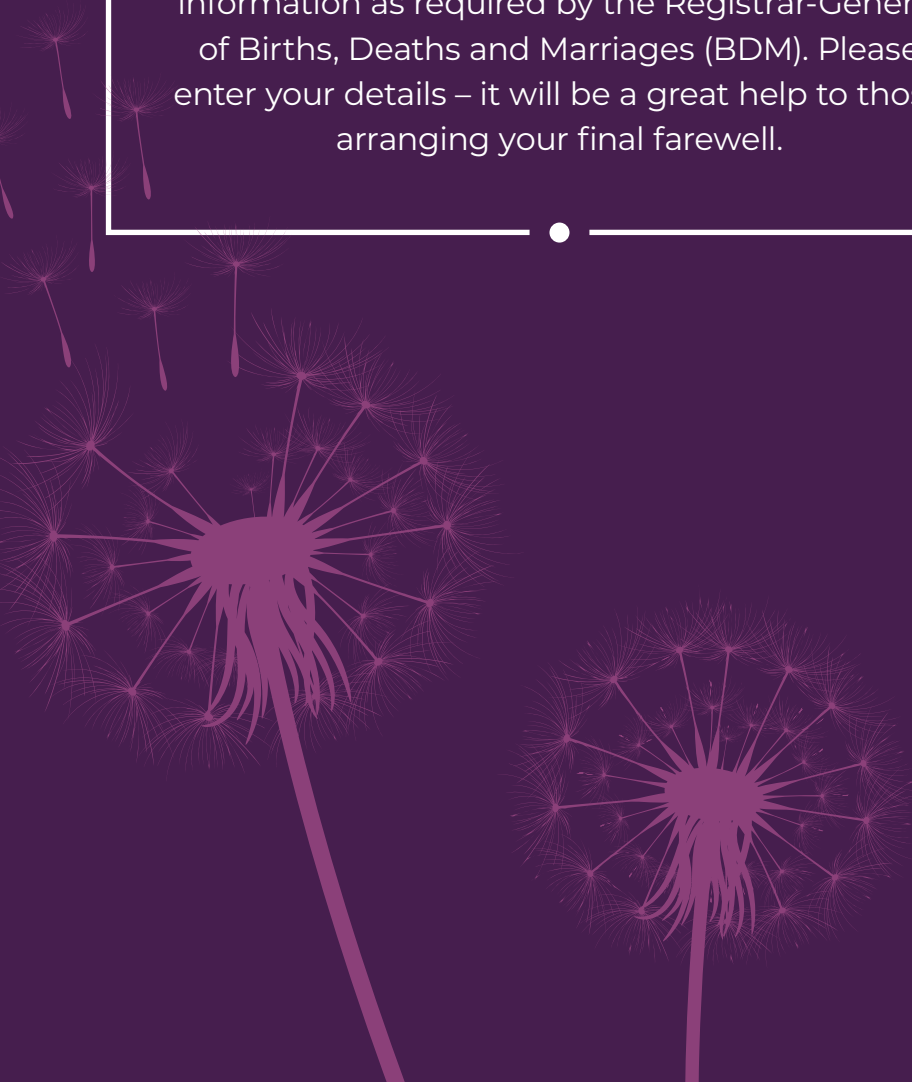
- Professional care and guidance
- Ethical and transparent service
- High standards of practice
- Respect for cultural, spiritual, and personal wishes
- Supporting families with compassion and integrity

When sadness makes it hard to think clearly, a trusted funeral director becomes a guide for your family, helping them navigate the practical details while creating a meaningful farewell that will honour your life.

To find a list of Funeral Directors Association members, visit www.funeraldirectors.co.nz

My Life

This section enables you to record your personal information as required by the Registrar-General of Births, Deaths and Marriages (BDM). Please enter your details – it will be a great help to those arranging your final farewell.



PERSONAL INFORMATION

Surname or family name (Mr/Mrs/Ms/Miss):

First/given names:

Address:

Birth place:

Birth date:

Surname at birth:

First name(s) given at birth:

Ethnic group:

Descended from NZ Māori?:	Yes	No	Don't know
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If not born in NZ, year of arrival in NZ:

Profession/occupation:

Full name of mother:

Mother's surname and name given at birth:

Mother's occupation/profession:

Full name of father:

Father's surname and name given at birth:

Father's occupation/profession:

MARRIAGE & CIVIL UNION DETAILS

Most recent relationship status

- ☐ Single ☐ Married ☐ Civil Union ☐ De Facto - for how long?
☐ Separated ☐ Divorced ☐ Widowed
-

Age at time of most recent marriage/civil union:

Town marriage/civil union took place in:

Full name of spouse/partner:

Maiden name of partner:

Spouse/partner's age (if living): Spouse/partner's sex: M F

Previous marriage/civil union details

Age at time of marriage/civil union: Date divorced:

Town married in:

Name of ex-spouse/partner:

FAMILY

Living Daughters (*names and dates of birth*):

Living Sons (*names and dates of birth*):

Deceased children *(name, age at and date of death)*

FURTHER INFORMATION

Honours and awards held:

Are you a justice of the peace?:	Yes	No
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Are you a marriage or civil union celebrant?:	Yes	No
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MILITARY

Military service number:

Rank:

Unit or regiment:

Overseas/NZ service:

My Farewell

Use this section to note your preferences
for your final farewell.



WHO SHOULD BE INFORMED

Next of kin/executor:

Name / relationship / email / phone number of next of kin / executor(s) who will assist to make funeral arrangements:

Solicitor or other person holding the will (full contact details):

My employer:

ATTENDANCE

List the names of friends, relatives, clubs & organisations you would like contacted regarding your final farewell:

[illegible]

MY PREARRANGEMENTS

Venue of service:

Name & address of preferred celebrant/priest/clergy:

Funeral director with whom funeral arrangements have been made:

Is there a funeral prepayment?:	Yes	No
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Details:

Burial or cremation?

Plot (if any):	new	re-open
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Ashes placement:	inter	scatter
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Who would you like to be asked to speak at your funeral?:

Pallbearers' names:

Music/hymn/song preferences:

Special readings:

Flowers or donations to:

Any special instructions:

My Notifications

Use this section to list the people and organisations that should be advised after your death. This information will help make it easier for your family to finalise your affairs. It also ensures future contact by the organisations will be discontinued if requested.

The free MyTrove service can be used to help with this notification.



CLUBS AND ASSOCIATIONS

Please record the name, phone number or other contact and membership numbers, etc. where appropriate (such as Automobile Association, RSA, Rotary, sports, friendly societies):

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INVESTMENT SERVICES

Banks:

Investments:

KiwiSaver

Other:

PROFESSIONALS

Solicitor:

Public trustee:

Accountant:

Doctor:

Dentist:

Other medical specialists:

Registration board/s (e.g. nursing, teaching):

Justice of the Peace:

SERVICES

House insurance:

Vehicle insurance:

Life insurance:

Medical insurance:

Electricity supplier:

Telephone services:

Landlord:

Local authorities:

Public library:

Post office:

Motor vehicle registry:

Newspaper delivery:

Inland Revenue Department:

Bank auto-payments:

OTHER

Work and Income NZ:

Home nursing care:

Meals on wheels:

Hire purchase companies:

Retailer charge accounts (e.g. Farmers):

NZ Police (Firearms Licensing Section):

MYTROVE

MyTrove is a free service that lets your family notify multiple organisations from one online place. This will save them time contacting all organisations individually.



www.mytrove.co.nz

UNWANTED MAIL

The Marketing Association has a Name Removal Register (NRR) for people who do not wish to receive unwanted mail. Under an agreement with the Department of Internal Affairs, the NRR now includes the Deaths Index.

The NRR is updated every month, so this means a reduction in the amount of unwanted mail addressed to the late family member.

There will still be a need to contact some other organisations to ask them to amend their records.

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